



# Ark Globe Academy

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	Chilli Con Carne served with Red Kidney Beans (Halal or Non-Halal)	BBQ Roast Chicken (Halal or Non-Halal)	Classic Steak and Onion Pie served with Gravy (Halal or Non-Halal)	Sweet and Sour Chicken served with Vegetables (Halal or Non-Halal)	Battered Fish served with Lemon and Fresh Tartar Sauce
Veggie Mains	Vegetable and Bean Chilli Con Carne	Grilled Vegetable and Chickpea Stew served with Garlic Bread	Spinach and Lentil Pie Served with Gravy	Sweet and Sour Quorn with Vegetables	Spinach and Feta Cheese Patty with Spiced Fruit Compote
Sides	Herb Rice Cauliflower Carrots	Roast Potatoes Broccoli Corn	New Potatoes Green Beans Sweetcorn	Corn Fried Rice Red and Savoy Cabbage Carrots	Chunky chips Mushy Peas Baked Beans
All-time Favourites	Farfalle Pasta Served with Fresh Basil and Tomato Sauce	Jacket Potatoes with Beans or Tuna Mayo	Stir Fried Hakka Noodles with Vegetables	Pasta Shells served with Trout and Cream Sauce	Chicken and Seared Vegetable Jambalaya Rice with Creole Spices (Halal or Non-Halal)
Sweets	Honey Yoghurt with Coconut and Peach Granola	Pineapple and Coconut Cake with Mixed Fruit Compote	Baked Apple and Peach Crumble with Custard	Banana Cake with Vanilla Custard	Fresh Cut Fruits with Ice Cream

**Choice of filled baguettes, salads, yoghurt, seasonal fruit served daily**

**THOSE WITH ALLERGIES OR SPECIAL DIETARY REQUIREMENTS, PLEASE ASK A MEMBER OF KITCHEN STAFF FOR ASSISTANCE**